



Looking for an engaging & relevant program for your youth? Check out the TRUST 2.0 program!

WHAT IS TRUST 2.0?

TRUST 2.0 Connects youth ages 12-18 with *Love Notes* programming

- Explore individual identity
- Strengthen communication skills
- Learn how to build healthy relationships
- Set goals for the future

WHO QUALIFIES FOR THE PROGRAM?

- Youth ages 12-18 in Sacramento and Placer Counties

PROGRAM FACILITATORS

Certified Love Notes Facilitator from one of the agencies listed below.

WHAT IS THE PROGRAM FORMAT & HOW LONG WILL THE PROGRAM LAST?

This will be virtual until it is safe to do in person. This program will last 10-13 weeks, 1-2x week, approximately one hour per meeting.

Youth who complete 80% of the program and participate in evaluation will receive a \$50 incentive.

THIS PROGRAM IS FREE!

There is no cost. This project is supported by The Department of Children and Families. *

For more information and to refer youth please contact
Nicole Cuellar: nicolec@proyouthandfamilies.org

Scan the QR code
below to register



*The project described is supported by Grant Number #HHS-2020-ACF-ACYF-SR-1849 from the Department of Children and Families.. Contents are solely the responsibility of the authors and do not necessarily represent the official views of the Department of Children and Families.

